

## ATHLETE CODE OF CONDUCT

As a member of Aberdeen diving Club, it is your duty to follow the Code of Conduct. This applies at all times when a member is representing the Club. Parents of young children are expected to explain the Code of Conduct to their children in a way in which they will understand. Prior to going on a trip, parents are expected to read over the Code of Conduct to ensure divers are aware of what will be expected of them whilst away with the Club. Chaperones will go over some rules; however, the responsibility lies with the parents/carers.

### Cooperation and Respect

- Co-operate fully, respecting all requests and decisions made by the coaches and chaperones, behave in a courteous and respectful manner and maintain high standards of sportsmanship.
- Be on time for competitions, competition training sessions and travel departure times.
- Treat other divers, coaches and officials (including all competitors and representatives from competing clubs) with respect at all times.
- Be part of the team and cheer on team members during competitions.
- Wear clean Club kit (labelled) and be smart in appearance when representing the Club. Most competitions require tracksuit jacket, trousers and t-shirt for parade and medal ceremonies.
- If you wish to leave the designated club area for any reason you must ask for permission from the Coach or Chaperone. You must not go outside the pool or hotel unless you are with a chaperone or a coach.
- Members must pay fees for competitions or events promptly.
- The use of inappropriate or abusive language, any written abuse on any social media networks, bullying, harassment, discrimination or physical violence will not be tolerated and will result in action being taken through the Club disciplinary procedure. This also includes any communication or actions that, in any way, bring the club into disrepute.
- Alcohol, Tobacco and other banned substances are forbidden for use by all divers when representing the Club.

### Belongings

- Take care of all property belonging to the Club or any Club member.
- Be responsible for caring for your own equipment, clothing and property. Keep belongings in a bag that is labelled and refrain from leaving items unattended on floors/chairs etc.
- Footwear to be worn at all times, where required.

### Medication

- It is important that any information and / or change to current medication is reported to the Team Coach and the Child Protection Officers, so that medical information can be kept up to date.

### Travelling

- When travelling by bus, seatbelts must be worn at all times.
- When walking to competition venues, pedestrian crossings must be used where possible. Always walk with group and chaperones.

### Overnight

- Whilst staying away at any event accommodation, at no time must anyone extra be accommodated in divers' rooms.
- Curfews must be followed.
- Sexual intimacy is forbidden during training/competition situations while the diver is under the jurisdiction of the Club.
- Environment
- Please put your own rubbish into bins. Use recycling where possible.

Be aware that any behaviour contravening the Club Code of Conduct will result in disciplinary procedure. Breaches of the Code of Conduct shall be dealt with, in the first instance, by either the appointed Lead Chaperone or coach by bringing any deviation from the code to the attention of the diver and parents/carers as necessary.

The lead chaperone or coach shall report any incident to the ADC Management Committee who may take further action as deemed necessary. Appropriate strategies to encourage positive change will be implemented. However, please note that the Club reserves the power to suspend or cancel the membership of anyone who breaches this Code of Conduct.